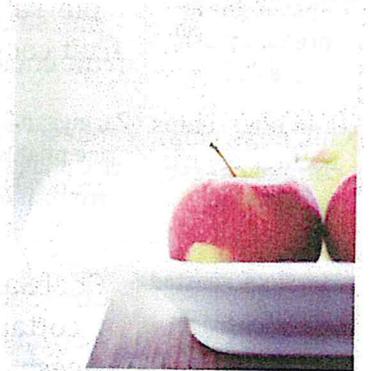


# SEPTEMBER 2016

# SILVER AGE SENIOR CENTER

# MENUS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>WE DELIVER</b>	<b>If you are a homebound senior,</b>	<b>call Tammy at 680-0566</b>	1 Manhattan Rolls, carrots, salad, pears	2 Hot dogs, chips, macaroni salad, tropical fruit	3 <b>CLOSED</b>	4 We may occasionally have to make
5 <b>CLOSED for LABOR DAY</b>	6 Tator Tot Casserole, salad, peaches, roll	7 Spaghetti & meatballs, garlic bread, salad, fruit	8 Chicken noodle soup, cottage cheese & fruit, roll	9 Lasagna, garlic bread, salad	10 <b>CLOSED</b>	11 unannounced changes to our menu. We will
12 Beef Tacos, refried beans, Mexican rice	13 Ham sandwich, chips, fruit salad	14 Tuna noodle casserole, carrots, salad, roll	15 <b>**DINNER**</b> BBQ Brisket, baked beans, potato salad, veggie tray	16 White chicken chili, winter veggies, cornbread	17 <b>CLOSED</b>	18 only do this if absolutely necessary.
19 Parmesan Tilapia, rice pilaf, salad	20 Sloppy Joes, corn, salad, peaches	21 Chicken enchiladas, refried beans, Mexican rice	22 Pork chops w/rice & gravy, beets, salad	23 Shepherd's pie, winter veggies, salad, pears	24 <b>CLOSED</b>	25 <b>CLOSED</b>
26 Baked fried chicken, macaroni salad, fruit, roll	27 BLT, chips, coleslaw, fruit cocktail	28 Meatloaf, green beans, salad, roll	29 Chicken Caesar salad, quesadilla, fruit & cottage cheese	30 <b>HUNTER RANCHER CHLI FEED</b>		
<b>Community Center, 201 Wright Blvd.</b> <b>Open Monday to Friday 10:00-2:00 Lunch Served at 11:30. Monthly Third Thursday Dinner 5:00 to 7:00 p.m. Fun Friday Games &amp; Snacks are from after lunch until ???</b>						



### Suggested Donations:

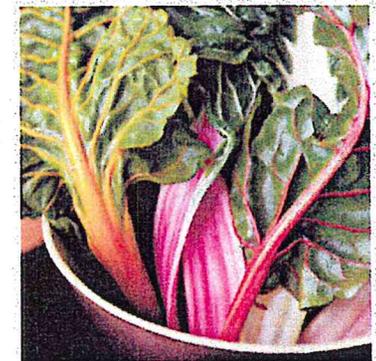
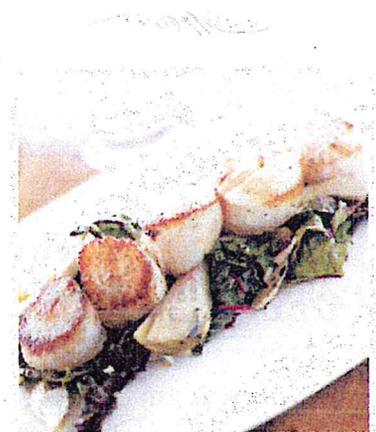
**Lunch**  
 12 & Under, 60+ \$3.00  
 Everybody else \$7.00  
**Dinner**  
 12 & Under, 60+ \$6.00  
 Everybody Else \$10.00  
 Additional meals to take home are the same price per meal.

# OCTOBER 2016

ILVER  
AGE  
ENIOR CENTER

# MENUS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>WE DELIVER</b>	If you are a homebound senior,	call Tammy at 680-0566			<b>CLOSED</b>	We may occasionally have to make
3 Sausage & bowtie pasta, garlic bread, squash, salad	4 Chicken pot pie, salad, fruit cocktail	5 Sweet & sour meatballs, rice, broccoli & cauliflower, peaches	6 Chicken Alfredo, peas, garlic bread, salad	7 Salisbury steak, mashed potatoes & gravy, green beans, salad, roll	8 <b>CLOSED</b>	9 unannounced changes to our menu. We will
10 Chili dogs, chips, cottage cheese, peaches	11 Parmesan Tilapia, rice pilaf, salad, tropical fruit	12 Chicken salad on a roll, coleslaw, peaches, chips	13 Cook's Choice	14 Baked Pork Chops, roasted potatoes, carrots, salad	15 <b>CLOSED</b>	16 only do this if absolutely necessary.
17 Meatloaf, roasted potato, green beans, salad	18 Chef Salad, cottage cheese, fruit	19 Tortilla soup, corn chips, salad, pears, croissant	20 <b>**DINNER**</b> Roast Beef, mashed potatoes, gravy, green beans, corn, roll	21 Goulash, salad, peaches, roll	22 <b>CLOSED</b>	23 <b>CLOSED</b>
24 Roast Pork, roasted potatoes, squash, salad, applesauce	25 Sub sandwich, pasta salad, chips, mixed berries	26 Broccoli & cheese soup, salad, pears, croissant	27 Cook's Choice	28 Mexican casserole, Mexican rice, salad, tropical fruit	29 <b>CLOSED</b>	30 <b>CLOSED</b>
31	<b>Community Center, 201 Wright Blvd.</b> <b>Open Monday to Friday 10:00-2:00 Lunch Served at 11:30. Monthly</b> <b>Third Thursday Dinner 5:00 to 7:00 p.m. Fun Friday Games &amp; Snacks</b> <b>are from after lunch until ???</b>					



Suggested Donations:  
**Lunch**  
 12 & Under, 60+ \$3.00  
 Everybody else \$7.00  
**Dinner**  
 12 & Under, 60+ \$6.00  
 Everybody Else \$10.00  
 Additional meals to take home are the same price per meal.