

2017

MAY
MENUS

SILVER
AGE
SENIOR CENTER

Located in the
Community Center at
201 Wright Blvd.

Open Tuesday to Friday
10:00-2:00
Lunch Served from
11:30 a.m. to 12:30 p.m.

Monthly Third Thursday
Dinner 5:00 to 7:00 p.m.

Fun Friday Games &
Snacks are from after
lunch until ???

Free Lunch for Seniors
last Friday of the
month.

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2 Beef & Bean burritos, corn salad, Mexican rice	3 Hot ham sliders, tropical fruit, pasta salad	4 Meatloaf, baked potato, corn, salad	5 Chef salad, fruit tray cottage cheese	<p>Suggested Donations:</p> <p><u>Lunch</u> 12 & Under, 60+ \$3.00 Everybody else \$7.00</p> <p><u>Dinner</u> 12 & Under, 60+ \$6.00 Everybody Else \$10.00</p> <p>Additional meals to take home are the same price per meal.</p> <p>As a courtesy, please call Tammy at 680- 0566 the day before if you plan to have a group of four or more attending.</p> <p>Come on down & sit a spell!!!</p>
7 CLOSED	8 CLOSED	9 Breaded chicken sandwich, fruit, chips	10 Beef stroganoff, carrots, salad	11 Baked Pollack, rice pilaf, coleslaw	12 Sloppy Joes, green beans, fruit chips	
14 CLOSED	15 CLOSED	16 Chicken noodle soup, salad, croissants	17 Salisbury steak, mashed potatoes, beets	18 *DINNER* Pork loin, roast potatoes, green beans, applesauce, salad, roll	19 Corn dogs, fruit, salad	
21 CLOSED	22 CLOSED	23 Scalloped ham & potatoes, peas, salad	24 Sweet & sour meatballs, rice, winter veggies	25 Manhattan rolls, mixed veggies, salad	26 FREE & FUN Chicken Caesar Salad, cottage cheese, fruit	
28 CLOSED	29 CLOSED	30 Cook's Choice	31 Sweet & sour chicken, rice, broccoli, eggroll	1	2	
4	5	<p>WE DELIVER</p> <p>If you are a homebound senior, call Tammy at 680-0566 We may occasionally make unannounced changes to our menu. We will only do this if it is absolutely necessary.</p>				